Alphasonic Massage Chair
The Casada line from Elite Massage Chairs

User’s Manual
Congratulations!

You've made an outstanding Investment in your health and well-being! Before operating your massage chair for the first time, please read this user's manual carefully in order to know how to use this product correctly, and to get the most out of your chair.

Please pay close attention to the Safety & Maintenance and Massage Chair Usage Precautions sections, and keep these instructions for future reference.

Please note that Our Company reserves the right to revise the design or description(s) of this product at any time and without notice.

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Safety & Maintenance Instructions

Please read the following instructions carefully before putting your massage chair into use.

WARNING: This Massage Chair is an electrical appliance, and careful considerations must be followed when using this device.

Connect the massage chair to a properly grounded outlet ONLY to reduce the risk of burns, fire, electric shock, or personal injury. Grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This massage chair is equipped with a cord with a grounding conductor and grounding plug, and the cord must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances. A surge protector is highly recommended.

- Check with a qualified electrician if you are in doubt as to whether the product is properly grounded.
- Do not modify the plug provided with the massage chair.
- This massage chair is for use on a nominal 120-volt circuit that has a grounding plug.

Service & Repair

- This massage chair does not require any regular maintenance.
- Only use gentle cleaning products, never products with thinner, benzene or alcohol
- Any possible repairs may only be carried out by authorized service technician.
- Improper use and unauthorised repairs are not permitted for safety reasons and lead to loss of warranty.
- If the massage chair is not used for a longer period of time, the power cable should be wound up and the device should be stored in a dry environment.
- For questions regarding warranty coverage, please refer to www.elitemassagechairs.com

Safety Warnings

- In order to avoid injury please do not stick your fingers between the massage rollers.
- Never touch the power plug with wet hands.
- Avoid contact of the massage chair with water, high temperatures and direct sunlight.
- Do not use the massage chair in an environment with high humidity levels; e.g. in the bathroom.
- Do not use the massage chair in an area with insufficient space or in an area where the fans are covered and a supply of fresh air is not guaranteed.
- To avoid the danger of short-circuits, disconnect the massage chair from the power supply if it is not being used for a long period of time.
- Do not use any damaged cables, plugs or loose sockets.
- Never position massage chair in proximity to an open fire, and never smoke while in the chair.
- If cables/plugs are damaged, they must be replaced by the manufacturer, a service representative or by qualified personnel.
- In case of malfunction, disconnect immediately from power, cease any operation of the chair, and contact the manufacturer.
- Inappropriate or incorrect use disclaims any liability for damage.
- Never use pointed or sharp objects to avoid damaging the massage chair.
- It is essential to use only sockets that fit the plug and ensure that the plug is fully inserted into the socket in order to reduce the danger of short circuits or fire.
- It is necessary to disconnect the massage chair from the power supply during cleaning.
Safety Warnings continued

- If an unexpected power failure occurs during use, set the switch to the OFF position immediately and disconnect the plug in order to avoid damage to the massage chair.
- Do not use the massage chair if the electric cables are wet or damaged.
- Any children, disabled or frail people who are in the vicinity of the massage chair or who are using the massage chair must be supervised at all times. This product is not suitable for children under the age of 12.
- Use the product for the purpose described in the operating instructions only.
- Please only use accessories provided by the supplier, with the exception of any personal mobile device used for music or other massage chair-specific features.
- Please do not stand, sit or bounce on the footrest in order to prevent damage.
- Do not try to sit on the arm or backrest in order to avoid damage or injuring yourself.
- Please keep the massage chair clean regularly and prevent foreign bodies from penetrating the crevices of the massage chair, and do not consume food while in the massage chair.
- Please do not pull directly on the power supply cable.
- When adjusting the position of the footrest or the backrest, ensure that there are no other objects underneath, in particular pets, small children, or other obstacles.
- The product is only intended for domestic or in-home use.
- If the flexible power cable becomes damaged, another flexible cable designated for the same purpose must be used or a designated flexible cable must be purchased from the manufacturer or their service point as a replacement.
If you are unsure whether you should use the massage chair, consult your doctor.

- Massages during pregnancy or in case of one or several of the following complaints in the massaged area are not recommended.
- Recent injuries, thrombotic diseases, all kinds of inflammations and swellings, and cancer. It is recommended to consult a doctor before having a massage for the treatment of ailments and illnesses.
- Persons with impairments of the body, perception or mind, or persons lacking experience and knowledge of massage should only use this chair under the supervision and guidance of persons responsible for their safety.
- Recommended maximum daily usage of the massage chair is 30 minutes. Each part of the body should be massaged for a maximum of 15 minutes. Excessive massaging can have a counterproductive effect.
- In order to avoid unpleasantness or hazards through the use of the massage chair, it is recommended that the following people consult a doctor before using the product:
  - Persons in need of a rest
  - Persons receiving medical treatment
  - Back patients, persons with spinal problems or malposition
  - Persons with pacemakers
- If you feel pain during the massage, stop the treatment immediately.
- Do not use the massage chair immediately after consuming a meal or under the influence of alcohol.
- If you injure yourself when using the chair, seek medical treatment immediately.
- Please do not massage any reddened, swollen or inflamed areas of the skin.
Name and function of components

1. Head cushion
2. Upper arm air bag components
3. Arm air bag components
4. Seat cushion
5. Leg rest frame
6. Foot rest frame
7. Calf stop sealing plate
8. Back rest pad
9. Armrest decoration
10. Armrest
11. Side cover
12. Back cover
13. Manual controller
14. Manual controller pocket
15. Drive box cover
16. Safety switch
17. Base caster
18. Power line and power plug
19. Power socket
20. Fuse box
21. Power switch
22. Manual controller socket
Functional Specifications

- Designed with a set of vertically movable, 4-roller system or "massage hands" or "hands"
- Designed with emulated massage methods of Shiatsu, kneading, tapping/flapping/knocking and simultaneous kneading and tapping
- Automatic shoulder detection and location acquisition
- Pre-set with characterized auto massage functions including ache-relief, comfort, ease, upper body, lower body
- Set Memory Functions Indicated as M1 and M2
- Manual massage for the upper body with three options: Fixed, Partial, and Overall massage
- Five levels of speed adjustment for the massage functions of tapping and shiatsu
- Three levels of massage hand width adjustment in select massage types
- On Partial upper body option, massage hands can be moved up and down to adjust the massage point desired
- Air pressure or Acupressure massage function with three modes: Full body, Air Pressure, Arms, and Legs
- Leg unit designed with roller massage function at the bottom of foot, two pairs of papillae on the toe rotating massage, on the arch and heal mastoid skin scraping style massage
- On upper arm, or shoulder airbags there are two levels of width adjustment for various shoulder sizes; adjustment is made by gently pushing the shoulder unit Inwards, indicated by "clicks" with each adjustment level.
- Back heating via carbon infrared source
- Footrest Is adjustable via manual pressure to suit various body heights
- Zero-space design allows chair to be positioned very near the wall and still recline for maximum space utilization
- Footrest lift adjustment, backrest position adjustment, and automatic recline adjustments Including Zero-G position
- L-track design for longer massage stroke
- Integrated “safety shield” safety switch in the power supply cover, automatically stops all functions when pressure sensors detect presence of children, pets or other objects.

Floor Protection

If your massage chair is to be placed on a hardwood or other damageable floor surface, we recommend the use of an area rug or other pad under the chair's base to avoid damage, as well as to dampen sound of the air compressor.
Moving the Massage Chair

The massage chair should not be moved on sensitive floors, but should be carried by at least two persons. Only if on a safe flooring surface that will not be damaged, to move the chair tilt the backrest backward to a certain degree (with the center of gravity resting on the wheels), and push the chair forward or backward with your hands. When to the desired location gently lean the chair back to the upright position.

NOTE:
During movement you must turn off the power switch first and then unplug the power line and hand controller connecting line.

Storage & Maintenance

- Never store the chair at high temperatures or in proximity to open fire. Avoid prolonged exposure to sunlight.
- If the device is on an uneven surface, do not roll or push it; lift it up in order to move it.
- Please take breaks after each use and do not use the device a number of items without pauses.
Remote Control

1) Display
2) ON/OFF
3) Adjust Shoulder
   - During Braintronics mode: Adjust Volume
4) Zero Gravity
5) Movement of massage arms
   - UP/DOWN
6) Sole Roller
7) Backrest Position Adjustment
8) Footrest Position Adjustment
9) Heating Element ON/OFF
10) Air Pressure
11) Air Intensity
12) Auto Programs
   a) Ache relieve
   b) Relax
   c) 8 braintronics programs
      d) Memory massage, upper body/M1
      e) Memory massage, lower body/M2
13) Manual Programs
   a) Kneading
   b) Tapping
   c) Knead & Tap
   d) Shiatsu
   e) Knocking
14) Speed - 3 Levels
15) Width 3 Levels (rolling, tapping, knocking only)
16) Back Stretch
Massage Functions

To begin, attach the power cable. You will note the power is indicated by symbols “I” and “O”. “I” is the Power ON setting and “O” is the Power OFF setting. We recommend you turn the power to the off position when the chair is not in use.

NOTE: In order to avoid damage caused by power surges that can damage the chair’s electrical and electronic components and can void your warranty, we strongly recommend the use of a high quality surge protector (not a simple power strip) that you would use with any computer or home theatre system.

Start Massage

1. Press power button on Remote Control, massage chair automatically reclines, and proceed with the detection of your shoulders and Acupressure points. For an accurate scanning, ensure you have the back of your head and shoulders firmly against the hedrest cushion, and be careful not to lean forward, especially with your head.

2. Upon completion of the scan a beeping sound will begin emitting from the controller.

3. If at any time during your massage session you would like to fine tune the location of your shoulders, you can use the Shoulder Adjust up and down buttons to a suitable position.

4. If after 10 seconds no massage function has been selected the chair will automatically initiate a massage sequence.

Shoulder Adjust Positioning
SHOULDER ADJUST UP & DOWN BUTTONS

<table>
<thead>
<tr>
<th>BUTTON</th>
<th>DESCRIPTION</th>
<th>DISPLAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image" alt="Adjust shoulder button" /></td>
<td>Move the massage hands upward to a suitable position.</td>
<td><img src="image" alt="Massage hands moving upward" /></td>
</tr>
<tr>
<td></td>
<td>Move the massage hands downward to a suitable position.</td>
<td><img src="image" alt="Massage hands moving downward" /></td>
</tr>
</tbody>
</table>

Choosing a Massage Function

PRE-SET MEMORY FUNCTION MASSAGE

Press button Upper body/M1 or Lower body/M2 for 3 seconds, then enter into memory massage function M1 or M2, it will revert to the previous memory massage mode.

<table>
<thead>
<tr>
<th>BUTTON</th>
<th>FUNCTION</th>
<th>DISPLAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image" alt="Upper body/M1 button" /></td>
<td>Memory massage</td>
<td>Memory</td>
</tr>
<tr>
<td><img src="image" alt="Lower body/M2 button" /></td>
<td>Memory massage</td>
<td>Memory</td>
</tr>
</tbody>
</table>

PRE-SET AUTOMATIC PROGRAM MASSAGE

<table>
<thead>
<tr>
<th>BUTTON</th>
<th>FEATURE</th>
<th>DISPLAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image" alt="Ache relieve button" /></td>
<td>Deep massage on acupressure points, effective to alleviate pain</td>
<td>Auto F1</td>
</tr>
<tr>
<td><img src="image" alt="Relax button" /></td>
<td>Promotes circulation of the blood and relaxes the body</td>
<td>Auto F2</td>
</tr>
<tr>
<td><img src="image" alt="Upper body/M1 button" /></td>
<td>Massage focus on upper body</td>
<td>Auto F3</td>
</tr>
<tr>
<td><img src="image" alt="Lower body/M2 button" /></td>
<td>Massage focus on lower body</td>
<td>Auto F4</td>
</tr>
</tbody>
</table>
### UPPER BODY MANUAL MASSAGE FUNCTIONS

<table>
<thead>
<tr>
<th>BUTTON</th>
<th>MASSAGE STYLES</th>
<th>DISPLAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>![Button Image]</td>
<td>Shiatsu stimulates specific parts of the body and compresses the muscles. S1 - normal pressure / S2 - deep pressure</td>
<td>![Display Image]</td>
</tr>
<tr>
<td>![Button Image]</td>
<td>Combination of kneading and tapping, 3 stage adjustable intensity and speed</td>
<td>![Display Image]</td>
</tr>
<tr>
<td>![Button Image]</td>
<td>Kneading with adjustable speed</td>
<td>![Display Image]</td>
</tr>
<tr>
<td>![Button Image]</td>
<td>Knocking technique to relieve tension with adjustable intensity, speed and width</td>
<td>![Display Image]</td>
</tr>
<tr>
<td>![Button Image]</td>
<td>Tapping massage promotes circulation of the blood and relaxes tense muscles. T1 - Consistent Tapping / T2 - Interval Tapping</td>
<td>![Display Image]</td>
</tr>
<tr>
<td>![Button Image]</td>
<td>3 different speed levels</td>
<td>![Display Image]</td>
</tr>
<tr>
<td>![Button Image]</td>
<td>3 different width levels</td>
<td>![Display Image]</td>
</tr>
</tbody>
</table>

### BACK STRETCH

<table>
<thead>
<tr>
<th>BUTTON</th>
<th>DESCRIPTION</th>
<th>DISPLAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>![Button Image]</td>
<td>Fixed position (fixed point)</td>
<td>![Display Image]</td>
</tr>
<tr>
<td>![Button Image]</td>
<td>Small area (partial area)</td>
<td>![Display Image]</td>
</tr>
</tbody>
</table>
### Overall Massage (All the Way Up and Down)

- Upper body massage back and forth
- Lower body massage back and forth

### Massage Rollers Move Up/Down

- Massage point adjust (in fixed point, partial modes you can adjust the massage position)

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**AIR PRESSURE OR ACUPRESSURE MASSAGE FUNCTIONS**

<table>
<thead>
<tr>
<th>BUTTON</th>
<th>DESCRIPTION</th>
<th>DISPLAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Air Pressure</td>
<td>Three air pressure modes (full body, arm and leg) for lower body</td>
<td><img src="image" alt="Arm Feet" /></td>
</tr>
<tr>
<td>Air Intensity</td>
<td>Three air pressure intensity settings</td>
<td><img src="image" alt="Arm Feet" /></td>
</tr>
</tbody>
</table>
## SOLE ROLLER & HEATING MASSAGE FUNCTIONS

<table>
<thead>
<tr>
<th>BUTTON</th>
<th>DESCRIPTION</th>
<th>DISPLAY</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Sole roller: with 3 speed levels available</td>
<td>[Image]</td>
</tr>
<tr>
<td></td>
<td>Infrared back heating needs about 3 minutes to thoroughly heat up</td>
<td>[Image]</td>
</tr>
</tbody>
</table>

## FOOTREST / BACKREST / ZERO-GRAVITY

<table>
<thead>
<tr>
<th>BUTTON</th>
<th>DESCRIPTION</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Foot rest UP: With activating this button, the foot rest will lift slowly. It will stop, when you let go of the button.</td>
</tr>
<tr>
<td></td>
<td>Foot rest DOWN: With activating this button, the foot rest will lower slowly. It will stop, when you let go of the button.</td>
</tr>
<tr>
<td></td>
<td>Back rest UP: With activating this button, the back rest will lift slowly. It will stop, when you let go of the button.</td>
</tr>
<tr>
<td></td>
<td>Back rest DOWN: With activating this button, the back rest will lower slowly. It will stop, when you let go of the button.</td>
</tr>
<tr>
<td></td>
<td>Zero Gravity: Every time you press this button, the chair will go to the next of three different reclining position.</td>
</tr>
</tbody>
</table>
STOP MASSAGE / MEMORY FUNCTION

1. Press the Power button on the Remote Control at any time during the massage to stop all massage functions. The back rest and footrest reset to their starting positions.

2. Within this time you can set the memory function. Note that while the memory function can be set, during memory setting the back and foot rest will not go back to their starting positions.

3. To set Memory, press M1 or M2 within 10 seconds of massage cycle completion to save the adjustments of the last massage.

HEAD CUSHION AND BACK CUSHION

Your Alphasonic comes with an adjustable two-part head cushion for your individual comfort. You can remove the outer head cushion if desired, or both head cushions should you wish to experience a more intense neck and head massage. The chair is also equipped with a removable back cushion; however, we recommend that you leave this in place.
## Glossary of Massage Functions

<table>
<thead>
<tr>
<th><strong>Air Compression</strong></th>
<th>Rising and receding airbags have a pumping motion which produces natural muscle reflexes. Also referred to as Acupressure. This is particularly beneficial in the calf and foot area.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Heating</strong></td>
<td>Heating elements to provide radiant warmth to particular muscle groups. Heat assists in loosening muscle tightness, and in enhanced circulation to applied area.</td>
</tr>
<tr>
<td><strong>2D</strong></td>
<td>The massage chair is equipped with an intelligent 2D massage mechanism. This allows the massage chair to measure your back to determine a more exact position of the sections of the spine.</td>
</tr>
<tr>
<td><strong>Auto Programs</strong></td>
<td>Specifically developed automatic programs for the whole body, which offer a wide range of different massage techniques. Heating can be turned on or off during any Automatic Programs for personal preference.</td>
</tr>
<tr>
<td><strong>M1 &amp; M2 Functions</strong></td>
<td>Using the intelligent memory function, the massage chair stores your favorite massages as well as your scan points so that massages can begin immediately without a scan. You have the opportunity to save two programs with different buttons (M1 &amp; M2).</td>
</tr>
<tr>
<td><strong>Zero Space</strong></td>
<td>For the fully reclined or lying-position the massage chair slides forward on the frame and so that only 2 inches of space is required between the backrest of the chair and the wall.</td>
</tr>
<tr>
<td><strong>Braintronics</strong></td>
<td>Braintronics technology synchronises your brainwaves to desired frequencies through audio stimulation. Combined with a specially developed massage programs.</td>
</tr>
<tr>
<td><strong>L-Track</strong></td>
<td>Refers to the shape of the track along which the massage block and massage hands move. L-shape tracks enable a longer massage stroke than traditional I-track or S-track designs.</td>
</tr>
<tr>
<td>Feature</td>
<td>Description</td>
</tr>
<tr>
<td>-------------------------</td>
<td>-----------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Shoulder Adjust</td>
<td>The ability to fine tune the shoulder position generated by the initial scan. Once adjusted the coordinates are stored and utilized for any Memory massage replay.</td>
</tr>
<tr>
<td>Carbon Infrared Heat</td>
<td>Radiant heat built into the massage chair backrest promoting increase blood flow to heated areas, as well as to create a relaxing sensation.</td>
</tr>
<tr>
<td>Arthrosis Traction</td>
<td>Arthrosis traction is a gentle stretching and pressure. This stimulates the cartilages, so that liquid transport is stimulated and nutrients are better received.</td>
</tr>
<tr>
<td>Gua Sha</td>
<td>Movement combined with slight pressure during massage - Gua Sha - to open superficial blood vessels and stimulate blood circulation. GuaSha is often applied in combination with acupressure points to bring additional stimulation to relieve ache symptoms.</td>
</tr>
<tr>
<td>Adjustable Footrest</td>
<td>The footrest can be extended up to five inches to accommodate different body sizes.</td>
</tr>
<tr>
<td>Zero Gravity</td>
<td>Also referred to as Zero-G body position designed for minimum blood flow resistance and maximum comfort. Often referenced by the body positioning of astronauts who must be seated for long periods of time.</td>
</tr>
<tr>
<td>Adjustable Headrest Cushion</td>
<td>If necessary, the double cushion can be placed to reduce the neck and shoulder massage intensity.</td>
</tr>
<tr>
<td>Adjustable Backrest</td>
<td>The adjustability of the backrest enables user to select a preferred body position while seated in the massage chair.</td>
</tr>
<tr>
<td>Safety Shield</td>
<td>In case of excessive pressure, security sensors under the power supply cover stop all functions of the massage chair to prevent injuries.</td>
</tr>
</tbody>
</table>
Product Specifications

Model: Elite Casada Alphasonic

Dimensions: Length 58” x Width 31.5” x Height 35.5”

Chair Weight: 206 lbs.

Maximum User Weight: 270 lbs.

Voltage: 110-120 V ~ 60 Hz

Nominal Power: 150 W

Installation Requirements: Attach footrest and Remote Control
Alphasonic Unboxing & Assembly

Elite Casada Alphasonic Unboxing and Assembly Instructions

1. Using scissors or utility knife, cut all vertical and horizontal plastic shipping bands from around box. Use caution as straps are applied by machines and so are under tension!

2. Using the cutout handles on each end of the box, lift lid off box and set aside. There is no need to cut the tape on the lid (top) to remove it.

3. Remove top protection board (use caution for any sharp edges), packing materials, and accessories bag from chair.
4. Lift footrest off of seat, and remove plastic wrapping from around chair.

5. Cut the packaging tape on the front edge of the box so that you can lay the box edge flat. This is to allow the chair to be rolled forward off the base box. As the front edge of the base box is held upright with tape only, the box may be easily used again if necessary for re-boxing by re-applying packaging tape where cut.
The chair can now be removed from the base box via two methods. Refer to Step 6 for solo removal of the chair from the base box, or skip to Step 7 for two-person removal.

6. (Solo Removal) Roll chair out of box. Refer to the following diagram for reference. The chair may be tilted back until the center of gravity is resting on the rear wheels. Roll the chair out of the box and gently bring back to the ground. *Use care not to damage the plastic cover at the rear of the chair.*

7. (Two-person Removal) Lift the chair upwards by gripping with two hands from underneath the arms on each side, and out of the base box. *Use caution if you have any back problems or do not feel you have the strength, to avoid personal injury!"
Footrest Assembly

1. Remove cotter pins, foam, and twist tie used for secure shipping.

2. Connect the air hose and footrest wire (harness) from chair to footrest.

Note the diagram on the chair showing the proper orientation of the plug.
3. Starting with the left side, slide the footrest mounting hole (located on the footrest) onto the footrest mounting rod (located on the chair frame). Insert cotter pin. Press the footrest onto the rod as far as it will go. Notice there is a plastic sleeve on the rod which may need to be rotated slightly so the cotter pin can be inserted into the holes on the steel mounting rod. This can be adjusted either while the footrest mount is in place, or before the footrest is mounted.
4. The opposite side footrest mount requires a mostly blind install – as the connection may be hidden from view by the footrest as you position it for install. The opposite side footrest mounting bracket will not slide onto the mounting rod with the footrest sitting on the floor. However, start by placing the footrest mount up to the mounting rod as shown below while the footrest is on the ground (or in the lowest possible position).
5. Next lift the footrest upward, while making sure the mounting bracket is resting on top of the mounting rod as you pivot the footrest upward.

Once the footrest is all the way up, or slightly above level, the footrest mount should slide down onto the mounting rod. You may need to apply slight pressure to the footrest (pressing left toward the already-attached side mount). Also a hand can be inserted between the footrest and the chair frame to help guide the mount on to the mounting rod.
6. Insert the cotter pin as on the opposite side. At this point the footrest installation is completed.
7. Next insert the remote control cable at the rear of the chair, near the floor. Note the indent on the remote cable is inserted at the top of the port on the chair, or so that the indent aligns with a corresponding ridge in the controller port.
Plug in the Power cable and your Alphasonic unboxing and assembly are complete. Enjoy!
Save these Instructions.